



Group Physio (Clinical Pilates) Classes

MON	TUE	WED	THU	FRI	SAT	SUN
Time: 8.45am Physio: Tim Frith	Time: 7.00am Physio: Anthony Lance	Time: 6.45am Physio: Tim Frith	Time: 7.30am Physio: Kelsey Husband	Time: 8.45am Physio: Nathan Powyer	Time: 7.15am Physio: Physio's rotate each week	
Time: 9.30am Physio: Tim Frith	Time: 9.15am Physio: Anthony Lance	Time: 7.30am Physio: Tim Frith	Time: 9.15am Physio: Kelsey Husband	Time: 10.00am Physio: Nathan Powyer	Time: 8.00am Physio: Physio's rotate each week	
Time: 10.15am Physio: Tim Frith	Time: 10.00am Physio: Anthony Lance	Time: 9.45am Physio: Tim Frith	Time: 10.30am Physio: Kelsey Husband	Time: 1.15pm Physio: Tim Frith	Time: 9.30am Physio: Physio's rotate each week	
Time: 12.00pm Physio: Tim Frith	Time: 11.30am Physio: Riley Lock	Time: 12.45pm Physio: Anthony Lance	Time: 4.45pm Physio: Tim Frith	Time: 6.00pm Physio: Tim Frith		
Time: 4.45pm Physio: Anthony Lance	Time: 5.00pm Physio: Tim Frith	Time: 1.30pm Physio: Anthony Lance	Time: 5.45pm Physio: Nathan Powyer			
Time: 5.30pm Physio: Anthony Lance	Time: 5.45pm Physio: Riley Lock	Time: 4.15pm Physio: Kelsey Husband	Time: 6.30pm Physio: Nathan Powyer			
Time: 6.30am Physio: Kelsey Husband	Time: 6.30pm Physio: Riley Lock	Time: 6.15pm Physio: Kelsey Husband	Time: 7.15pm Physio: Nathan Powyer			
Time: 7.15am Physio: Kelsey Husband	Time: 7.15pm Physio: Tim Frith					